



Stamford Bulldogs School Nutrition

The Stamford ISD School Nutrition

Staff looks forward to serving your student nutritious, great-tasting menus that support their achievements in school and promote healthy lifestyles.

We offer a variety of meal choices with one goal in mind: **to provide outstanding service and high quality "kid-friendly" meals that meet or exceed the latest federal and state requirements.**

Our menus are designed to ensure that students receive a balanced meal, consisting of foods from all the major food groups in the right proportions to meet calorie and other nutrient needs. In addition our nutrition education programs encourage students' development of healthy lifestyle habits and communicate the basics of good nutrition.

Throughout the school year, our Elementary school nutrition mascot, ACE and his friends, share the *Stay Healthy* wellness message through a monthly program. This year's theme is **Chef ACE!** Each month, ACE and his elementary friends will provide students with exciting educational information about fruits and vegetables. Including a healthy message on the importance of good nutrition and exercise.



The **FUEL** program features monthly menu specials, developed by our chefs and nutritionists, to generate excitement by introducing new recipes or putting new twists on popular favorites. Designed for Middle and High School students, FUEL combats menu fatigue and reinforces the connection between healthy, flavorful meals and performance at school.



We look forward to working with you to ensure all of our students are healthy and ready to learn every day. For more information about our menus and programs, please visit www.stamford.esc14.net and find our "Breakfast/Lunch Menus" link under the QUICKLINKS menu on the left side of the homepage.

To learn more about healthy school meals visit www.fns.usda.gov

Thank you,

Naomi Whitby-Brown

Naomi Whitby-Brown, Director
Stamford School Nutrition

STAMFORD

Student Nutrition Policies

The District participates in the **School Breakfast Program** and **National School Lunch Program** and offers students nutritionally balanced meals daily in accordance with standards set forth in state and federal law.

Free and Reduced-price meals are available based on financial need or household situation. Applications are accepted any time of the year to accommodate household changes.

Information about a student's participation is confidential; however, disclosure of a student's eligibility may be made without prior notice or consent to programs, activities, and individuals that are specifically authorized access under the National School Lunch Act (NSLA), which is the law that sets forth the disclosure limits for the district's child nutrition programs. A student's name, eligibility status, and other information may be disclosed to certain agencies as authorized under the NSLA to facilitate the enrollment of eligible children in Medicaid or the state children's health insurance program (CHIP) unless the student's parent notifies the district that a student's information should not be disclosed. A parent's decision will not affect the child's eligibility for free and reduced price meals or free milk. See your Cafeteria Manager for a Free or Reduced Application.

1. **How to send money:** Our cafeterias accept payments for lunch in person or sent ahead in the morning. If sending money for the account, please include the following information with the payment, either on an envelope for cash or on the bottom left hand corner of a check: Student(s) name, teacher/grade level. If you have students on different campuses, you will need to send cash or a check to EACH school.

2. **Stamford ISD Charge policy:** Students and Staff may charge only 2 meals.

- Students/paid: \$4.00 limit
- Students/reduced: 80¢ limit
- Staff: \$6.00 limit

Students reaching the charge limit will be offered a sack lunch until account is paid in full.

3. **How à la carte items work:** Your child may purchase à la carte items with cash or the cost can be deducted from their account. The following is a sampling of à la carte items that may be offered at your school:

Baked Chips • Bottled Water • Fresh Fruit • Ice Cream • Milk • Fruit Juice

PLEASE NOTE: Elementary students may ONLY purchase ice cream on Fridays.

*Some items listed on the daily menu may be purchased à la carte. À la carte/Snack Bar items are **not allowed to be charged.***

4. Your child's account can be customized to meet any specific instructions that you may designate by sending a letter to your school's cafeteria manager. You might designate one of the following examples:

- Your child may only purchase bottled water or juice.
- Your child may only purchase snacks on Fridays.
- Your child not be allowed to purchase any snacks.

If you do not wish for your child to participate in the à la carte program, you may send a letter to your cafeteria manager and your instructions will be noted on your child's account.

5. We welcome parents, grandparents, etc. . . to join their child for breakfast and lunch.

For printouts of student activity, contact the School Nutrition office.



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To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at: http://www.ascr.usda.gov/complaint_filing_cust.html, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by: (1) mail: U.S. Department of Agriculture, Office of the Assistant Secretary for Civil Rights, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410; (2) fax: (202) 690-7442; or (3) email: program.intake@usda.gov | This institution is an equal opportunity provider.